

# Herbal Decongestant Balm

*A cooling aromatic balm traditionally inspired by seasonal chest comfort and herbal wellness rituals.*

**Official Botanical Name:** *Botanical Herbal Salve Blend*

**Brief Description:** A soothing botanical balm crafted with aromatic herbs traditionally used for chest comfort, refreshing self-care, and seasonal wellness support.

## Benefits

- Cooling aromatic herbal support
- Traditionally used during seasonal wellness routines
- Comforting botanical chest balm
- Popular in steam and self-care rituals
- Supports relaxing aromatic wellness practices

## Ways to Use

- Chest balm
- Neck and shoulder massage
- Aromatic steam-style support
- Seasonal self-care rituals
- Relaxation support

## Instructions

- Apply externally to chest, neck, or upper back.
- Avoid eyes and broken skin.
- Wash hands after use.
- Store tightly sealed away from heat.

**Suggested Adult Use:** External use only.

**Medication Warnings & Safety Notes:** For external use only. Use caution with essential oil sensitivities, pregnancy, breastfeeding, children under 2, or asthma triggered by strong aromas.

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Educational use only. These statements have not been evaluated by Health Canada or the FDA. This product is not intended to diagnose, treat, cure, or prevent disease. Consult a qualified healthcare professional before using herbal products if pregnant, nursing, taking medication, or managing a medical condition.