

# Migraine Relief Salve

*A cooling botanical salve traditionally inspired by tension comfort and calming wellness rituals.*

**Official Botanical Name:** *Botanical Herbal Salve Blend*

**Brief Description:** A refreshing aromatic herbal salve crafted with cooling botanicals traditionally used in relaxation and tension-support self-care routines.

## Benefits

- Cooling aromatic comfort support
- Popular in relaxation wellness rituals
- Supports calming self-care practices
- Traditionally used for tension-focused routines
- Refreshing botanical aroma

## Ways to Use

- Temple balm
- Neck and shoulder massage
- Relaxation support
- Aromatic self-care rituals
- Cooling wellness routines

## Instructions

- Apply a small amount externally to temples, neck, or shoulders.
- Avoid eyes and broken skin.
- Wash hands after use.
- Use in a calm quiet environment if desired.

**Suggested Adult Use:** External use only.

**Medication Warnings & Safety Notes:** Avoid eyes, sensitive skin, children, pregnancy if sensitive to essential oils, or use before driving if calming oils cause drowsiness.

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Educational use only. These statements have not been evaluated by Health Canada or the FDA. This product is not intended to diagnose, treat, cure, or prevent disease. Consult a qualified healthcare professional before using herbal products if pregnant, nursing, taking medication, or managing a medical condition.