

# Oil of Oregano

*A potent herbal extract traditionally used for seasonal wellness and immune support.*

**Official Botanical Name:** *Origanum vulgare*

**Brief Description:** Oil of oregano is a concentrated botanical extract traditionally used in herbal wellness routines for seasonal support, digestive balance, and immune-focused herbal practices. It is highly potent and should always be used carefully and properly diluted when appropriate.

## Benefits

- Traditionally used during seasonal wellness routines
- Supports immune-focused herbal practices
- Rich in aromatic plant compounds including carvacrol
- Popular in digestive wellness routines
- Commonly used in traditional herbal cleansing practices

## Ways to Use

- Diluted in carrier oil for topical use
- Added to water or juice according to label directions
- Seasonal wellness support
- Added to steam or aromatic herbal routines
- Traditional digestive support practices

## Instructions

- Shake well before use.
- Always dilute properly before topical application.
- Use only small amounts due to potency.
- Avoid direct contact with eyes and sensitive areas.
- Store tightly sealed away from heat and sunlight.

**Suggested Adult Use:** Follow label directions carefully. Concentrated herbal oils should be used conservatively.

**Medication Warnings & Safety Notes:** Do not use undiluted on sensitive skin. Use caution with blood thinners, diabetes medication, digestive ulcers, GERD, pregnancy, breastfeeding, bleeding disorders, or before surgery. May cause irritation in sensitive individuals. Keep away from children. Avoid long-term high-dose use unless professionally supervised.

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Educational use only. These statements have not been evaluated by Health Canada or the FDA. This product is not intended to diagnose, treat, cure, or prevent disease. Consult a qualified healthcare professional before using herbal products if pregnant, nursing, taking medication, or managing a medical condition.