

GINKGO LEAF

Ancient Leaf Traditionally Used for Focus & Wellness Support



Botanical Name: Ginkgo biloba
Common Names: Ginkgo,
Maidenhair Tree
Plant Family: Ginkgoaceae

Ginkgo leaf comes from one of the oldest tree species on earth and has been traditionally valued in herbal wellness practices for centuries. Our ginkgo leaf is carefully sourced for freshness, quality and purity.

TRADITIONALLY USED FOR

Ginkgo leaf has traditionally been used to support:

- Mental focus and clarity
- Wellness and vitality routines
- Herbal balance support
- Cognitive wellness traditions
- General wellness support
- Daily vitality practices

WAYS TO USE

Herbal Tea

Steep into herbal wellness infusions.

Wellness Blends

Often included in focus-support and vitality formulas.

Tinctures & Capsules

Commonly used in concentrated wellness preparations.

HERBAL PAIRINGS & SYNERGIES

For Focus & Clarity

Pairs beautifully with:

- Lion's Mane
- Rhodiola
- Rosemary
- Gotu Kola

For Wellness & Vitality

Often blended with:

- Siberian Ginseng
- Schisandra
- Holy Basil
- Reishi Mushroom

Nutritional Highlights

Ginkgo naturally contains plant compounds traditionally valued in wellness practices.

Suggested Use

Best enjoyed earlier in the day as part of a wellness routine.

Storage

Store in a cool, dry place away from moisture and direct sunlight.

Precautions

Do not ingest. Avoid applying to broken skin. Consult your healthcare practitioner before use if pregnant, breastfeeding or managing a medical condition.

Disclaimer

These statements have not been evaluated by Health Canada. This product is not intended to diagnose, treat, cure or prevent any disease.

Taste	Energetics	Best Time to Use	Pairs Well With
Slightly bitter, earthy	warming	Morning or daytime	Rhodiola, lion's mane, rosemary, gotu kola

