

TranquiliTea Blend

A peaceful herbal tea blend for calm moments and daily balance.

Official Botanical Name: *Relaxation Tea Blend*

Brief Description: A calming botanical tea blend traditionally inspired by stress support, emotional balance, and relaxation routines.

Benefits

- Supports calm and relaxation
- Comforting botanical tea ritual
- Supports stress-management wellness routines
- Gentle daily herbal blend

Ways to Use

- Afternoon tea
- Evening relaxation
- Mindfulness routines
- Self-care rituals

Instructions

- Steep 1-2 tsp in hot water for 10 minutes.
- Best enjoyed warm.
- Store tightly sealed away from moisture.

Suggested Adult Use: 1 cup daily as desired.

Medication Warnings & Safety Notes: May cause drowsiness. Use caution with sedatives, anxiety medication, pregnancy, breastfeeding, or before operating machinery.

Educational use only. These statements have not been evaluated by Health Canada or the FDA. This product is not intended to diagnose, treat, cure, or prevent disease. Consult a qualified healthcare professional before using herbal products if pregnant, nursing, taking medication, or managing a medical condition.