

# Magnesium Hibiscus Bath Soak

*A floral mineral soak for relaxation and self-care rituals.*

**Official Botanical Name:** *Botanical Mineral Bath Blend*

**Brief Description:** A botanical mineral bath soak traditionally inspired by calming evenings, relaxation, and luxurious herbal self-care.

## **Benefits**

- Supports relaxation rituals
- Mineral-rich bath support
- Floral self-care experience
- Supports calming wellness routines

## **Ways to Use**

- Bath soak
- Foot soak
- Relaxation rituals
- Spa-inspired self-care

## **Instructions**

- Add desired amount to warm bath water.
- Soak for 15-20 minutes.
- Store tightly sealed away from moisture.

**Suggested Adult Use:** External use only.

**Medication Warnings & Safety Notes:** For external use only. Use caution if sensitive to essential oils or hot baths during pregnancy.

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Educational use only. These statements have not been evaluated by Health Canada or the FDA. This product is not intended to diagnose, treat, cure, or prevent disease. Consult a qualified healthcare professional before using herbal products if pregnant, nursing, taking medication, or managing a medical condition.