

Calendula Flowers

Golden floral support traditionally used for soothing skin and gentle herbal wellness.

Official Botanical Name: *Calendula officinalis*

Brief Description: Calendula flowers are traditionally used in herbal teas, salves, infused oils, and botanical skincare routines. Known for their bright golden petals and soothing herbal properties, calendula is a staple in natural wellness preparations.

Benefits

- Traditionally used for skin comfort
- Popular in salves and infused oils
- Supports soothing herbal wellness routines
- Rich in antioxidant plant compounds
- Often used in bath and skincare rituals

Ways to Use

- Herbal tea
- Infused oils
- Salves and balms
- Bath soaks
- Botanical skincare

Instructions

- Steep 1–2 tsp in hot water for 10 minutes.
- Infuse into carrier oils for topical use.
- Store tightly sealed away from sunlight and moisture.

Suggested Adult Use: 1 cup tea daily or topical use as desired.

Medication Warnings & Safety Notes: Use caution with ragweed-family allergies, pregnancy, breastfeeding, or sensitive skin conditions.

Educational use only. These statements have not been evaluated by Health Canada or the FDA. This product is not intended to diagnose, treat, cure, or prevent disease. Consult a qualified healthcare professional before using herbal products if pregnant, nursing, taking medication, or managing a medical condition.