



ORGANIC • SMALL BATCH • HANDCRAFTED

Bloomaceuticals

Yarrow

Traditional Herb Commonly Used for Herbal Wellness & Botanical Preparations

Achillea millefolium

COMMON NAMES

Milfoil, Soldier's Wort

ORIGIN & SOURCING

Traditionally valued across many herbal traditions, yarrow is appreciated for its versatility and longstanding role in botanical wellness preparations.

TRADITIONAL USES & BENEFITS

- Herbal wellness routines
- Topical botanical preparations
- Digestive & seasonal wellness
- Herbal teas & infusions
- Skin-focused herbal blends
- Traditional wellness practices

WAYS TO USE

Herbal teas, tinctures, infused oils, salves, compresses and botanical wellness blends.

PREPARATION

Steep into herbal infusions or infuse into oils and salves for topical botanical preparations.

HERB PAIRINGS & SYNERGIES

- Elderflower
- Peppermint
- Chamomile
- Calendula
- Plantain
- Lavender

QUICK FACTS

TASTE	ENERGETICS	PREPARATIONS	BEST TIME
Bitter, aromatic	Cooling, drying	Tea, tincture, salve, oil	As needed

NUTRITIONAL HIGHLIGHTS

Yarrow naturally contains aromatic plant compounds traditionally valued in herbal wellness practices.

SAFETY & PRECAUTIONS

Avoid if allergic to plants in the Asteraceae family. Consult your healthcare practitioner prior to use if pregnant, breastfeeding or taking medications.

STORAGE

Store in a cool, dry place away from moisture and direct sunlight.

DISCLAIMER

This product is not intended to diagnose, treat, cure, or prevent any disease. Information provided is for educational purposes only.

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■ Handcrafted in British Columbia ■