

Bloomaceuticals

Goldenseal

Traditional Root Traditionally Used for Herbal Wellness & Cleansing Support

Hydrastis canadensis

COMMON NAMES

Goldenseal

ORIGIN & SOURCING

Goldenseal is a traditional North American botanical historically valued in herbal wellness practices for its cleansing and wellness-supporting properties.

TRADITIONAL USES & BENEFITS

- Herbal wellness routines
- Cleansing support
- Seasonal wellness traditions
- Digestive wellness
- Botanical wellness preparations
- Traditional herbal balance

WAYS TO USE

Tinctures, capsules, teas and concentrated herbal wellness formulas.

PREPARATION

Traditionally used in concentrated herbal preparations and wellness-support blends.

HERB PAIRINGS & SYNERGIES

- Echinacea
- Elderberries
- Ginger
- Olive Leaf
- Peppermint
- Licorice Root

QUICK FACTS

TASTE	ENERGETICS	PREPARATIONS	BEST TIME
Bitter, earthy	Cooling, drying	Tinctures, capsules, teas	Short-term wellness support

NUTRITIONAL HIGHLIGHTS

Goldenseal naturally contains plant compounds traditionally valued in herbal wellness practices.

SAFETY & PRECAUTIONS

Not recommended during pregnancy or breastfeeding. Avoid prolonged use without professional guidance.

STORAGE

Store in a cool, dry place away from moisture and direct sunlight.

DISCLAIMER

These statements have not been evaluated by Health Canada. This product is not intended to diagnose, treat, cure, or prevent any disease.

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■ Handcrafted in British Columbia ■