

Functional Forest-Mind Mushroom Powder

A focused mushroom blend for clarity, calm, and daily wellness.

Official Botanical Name: *Functional Mushroom Blend*

Brief Description: A functional mushroom blend crafted to support focus, calm energy, and overall wellness routines.

Benefits

- Supports focus and mental clarity
- Provides adaptogenic mushroom support
- Popular in daily wellness routines
- Supports calm balanced energy

Ways to Use

- Coffee alternative
- Smoothies
- Hot drinks
- Daily adaptogenic blends

Instructions

- Mix into coffee, tea, smoothies, or hot water.
- Blend thoroughly before drinking.
- Store tightly sealed away from moisture.

Suggested Adult Use: 1 tsp daily as desired.

Medication Warnings & Safety Notes: Use caution with autoimmune conditions, mushroom allergies, blood thinners, pregnancy, breastfeeding, or immune-suppressing medications.

Educational use only. These statements have not been evaluated by Health Canada or the FDA. This product is not intended to diagnose, treat, cure, or prevent disease. Consult a qualified healthcare professional before using herbal products if pregnant, nursing, taking medication, or managing a medical condition.